**HULL AIRWAY REFLUX QUESTIONNAIRE**

Name:

D.O.B:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ UN: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DATE OF TEST:

Please circle the most appropriate response for each question

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Within the last MONTH, how did the following problems affect you?**  **0 = no problem and 5 = severe/frequent problem** | | | | | | |
| Hoarseness or a problem with your voice | 0 | 1 | 2 | 3 | 4 | 5 |
| Clearing your throat | 0 | 1 | 2 | 3 | 4 | 5 |
| The feeling of something dripping down the back of your nose or throat | 0 | 1 | 2 | 3 | 4 | 5 |
| Retching (producing the sound and movement of vomiting) or vomiting when you cough | 0 | 1 | 2 | 3 | 4 | 5 |
| Cough when starting to lie down or bend over | 0 | 1 | 2 | 3 | 4 | 5 |
| Chest tightness or wheeze when coughing | 0 | 1 | 2 | 3 | 4 | 5 |
| Heartburn, indigestion, stomach acid coming up (or do you take medications for this, if yes, choose 5 as your response) | 0 | 1 | 2 | 3 | 4 | 5 |
| A tickle in your throat, or a lump in your throat | 0 | 1 | 2 | 3 | 4 | 5 |
| Cough with eating (during or soon after meals) | 0 | 1 | 2 | 3 | 4 | 5 |
| Cough with certain foods | 0 | 1 | 2 | 3 | 4 | 5 |
| Cough when you get out of bed in the morning | 0 | 1 | 2 | 3 | 4 | 5 |
| Cough brought on by singing or speaking (for example, on the telephone) | 0 | 1 | 2 | 3 | 4 | 5 |
| Coughing more when awake rather than asleep | 0 | 1 | 2 | 3 | 4 | 5 |
| A strange taste in your mouth | 0 | 1 | 2 | 3 | 4 | 5 |

TOTAL SCORE\_\_\_\_\_\_\_\_\_\_\_\_\_ /70